



WORKPLACE HYGIENE

HEALTH AND SAFETY

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Workplace Hygiene

- Hygiene is the practices and habits that promote cleanliness and health for individuals, such as regular handwashing, grooming, and wearing clean attire.
- Workspace Cleanliness is maintaining an orderly and hygienic work environment by regularly cleaning and disinfecting desks, workstations, shared equipment, and common areas
- By upholding both personal hygiene habits and workspace cleanliness, the workplace staff can create a healthy, safe, and professional work environment for everyone.



Importance of Hygiene at Workplace

- Reduces the spread of illnesses and infectious diseases among staff
- Promotes a healthier work environment, leading to fewer sick days and increased productivity
- Creates a more pleasant, comfortable, and motivating work atmosphere
- Minimizes the need for costly cleanups, equipment replacements, and other maintenance issues

By prioritizing good hygiene practices, workplaces can foster a healthier, safer, and more productive environment that benefits both the employees and the organization.



Maintaining hygiene at workplace

01 Frequent handwashing with soap and water

02 Cleaning up spills or messes promptly

03 Properly storing and disposing of waste

04 Familiarizing yourself with the organization's hygiene guidelines and procedures

05 Reporting maintenance issues

Proper Restroom Etiquette for Female Employees

- Ensure proper disposal of feminine hygiene products in the designated receptacles.
- Avoid flushing anything other than toilet paper down the toilet.
- Thoroughly wash hands with soap and water before and after using the restroom.
- Keep the stall and sink area clean and tidy after use.





Proper Restroom Etiquette for Female Employees

- Thoroughly wash hands with soap and water before and after using the restroom.
- Aim properly to avoid any urine splashing or dripping on the floor or walls.
- Flush the toilet completely after each use.
- Wipe down any spills or messes you may have created

Conclusion

Promoting and upholding high standards of workplace hygiene is a shared responsibility that requires the collective participation and cooperation of all employees. By prioritizing personal cleanliness, keeping workspaces sanitized, maintaining common areas, following organizational policies, and engaging in hygiene education, staff members can contribute to cultivating a work environment that is clean, healthy, and conducive to productivity and wellbeing.



THANK YOU!